



0000053588

Crisp Bacon

Nutritional Data		
Serving Size 2 Slices		(16) g
Amount Per Serving		
Calories	87	Calories From Fat 69
		% Daily Value *
Total Fat	7.7g	12%
Saturated Fat	3.2g	16%
Trans Fat	0g	
Cholesterol	14.1mg	5%
Sodium	289.8mg	12%
Total Carbohydrate	0.3g	0%
Dietary Fiber	0g	0%
Sugars	0g	
Protein	4.1g	
Vitamin A	0%	Vitamin C 0%
Calcium	0%	Iron 1%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Bacon-18-22 Slices/#, Raw

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0000038212

Omelet Bar

Nutritional Data		
Serving Size 1		(199) g
Omelet		
Amount Per Serving		
Calories	286	Calories From Fat 171
% Daily Value *		
Total Fat	19g	29%
Saturated Fat	7.8g	39%
Trans Fat	0g	
Cholesterol	365.3mg	122%
Sodium	571.1mg	24%
Total Carbohydrate	4.5g	2%
Dietary Fiber	0.9g	0%
Sugars	1.8g	
Protein	23.5g	
Vitamin A	61%	Vitamin C 27%
Calcium	29%	Iron 16%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Eggs-Liquid, Pasteurized
 Egg Substitute, Pasteurized
 Bacon Strips, Cooked, .185 oz
 Broccoli Florets, Fresh
 Ham-Water Added,95%FF LS,Smoked,Boneless
 Mushrooms-Fresh
 Onions-Green, Fresh (Scallions)
 Peppers-Green, Fresh
 Spinach, Fresh
 Tomatoes-Fresh, 6x6
 Mozzarella Cheese, Shredded, Part Skim
 Monterey Jack Cheese, Shredded (CONV)
 Cheddar Cheese, Mild, Shredded (CONV)
 MARGARINE-CLARIFIED
 [Margarine, 1# Prints]
 Pan Coating Spray

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0401207374

Buttermilk Pancakes

Golden Brown Buttermilk Pancakes Served with Maple Syrup

Nutritional Data		
Serving Size 2 Pancakes		(100) g
Amount Per Serving		
Calories	226	Calories From Fat 57
% Daily Value *		
Total Fat	6.3g	10%
Saturated Fat	1.6g	8%
Trans Fat	0g	
Cholesterol	8.9mg	3%
Sodium	565.8mg	24%
Total Carbohydrate	37.7g	13%
Dietary Fiber	1.2g	0%
Sugars	6.6g	
Protein	5.1g	
Vitamin A	1%	Vitamin C 0%
Calcium	5%	Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Water


Pancake Mix, Buttermilk, Complete

Pan & Griddle Oil

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0000048317

Texas French Toast

Grilled Bread Dipped in Vanilla Egg Custard Spiced with Cinnamon, Sprinkled with Powdered Sugar

Nutritional Data		
Serving Size 2 Halves		(72) g
Amount Per Serving		
Calories 150	Calories From Fat 52	
% Daily Value *		
Total Fat	5.8g	9%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	107.9mg	36%
Sodium	259.7mg	11%
Total Carbohydrate	17.6g	6%
Dietary Fiber	0.5g	0%
Sugars	3g	
Protein	6.3g	
Vitamin A 5%	Vitamin C 0%	
Calcium 5%	Iron 8%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Texas Toast, White, .75" Slice
 Eggs-Liquid, Pasteurized
 Reduced Fat Milk, 2%, Gallon
 Pan & Griddle Oil
 Powdered (Confectioner's) Sugar
 Salt
 Vanilla Extract, Imitation
 Cinnamon, Ground

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0000065056

Ham, Egg & Cheese Croissant

Scrambled Egg, Ham and American Cheese on a Croissant

Nutritional Data		
Serving Size 1 Sandwich	(156) g	
Amount Per Serving		
Calories 439	Calories From Fat 256	
% Daily Value *		
Total Fat	28.4g	44%
Saturated Fat	12.2g	61%
Trans Fat	0g	
Cholesterol	323.6mg	108%
Sodium	888.5mg	37%
Total Carbohydrate	26.5g	9%
Dietary Fiber	1.1g	0%
Sugars	5.8g	
Protein	19.4g	
Vitamin A 32%	Vitamin C 0%	
Calcium 14%	Iron 13%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Croissants, Baked, All Butter, 2 oz

EGGS-SCRAMBLED, PASTEURIZED, ZEBI

[Eggs-Cage Free, Liquid w/Citric Acid]

Canola Oil

Ham-Smoked, Cooked, Sliced, .5 oz

American Cheese, Yellow, 160ct

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0000046907

Home Fried Potatoes

Diced Potatoes Caramelized with Onions, Salt, and Pepper

Nutritional Data		
Serving Size 4 oz		(113) g
Amount Per Serving		
Calories 154	Calories From Fat 63	
% Daily Value *		
Total Fat	7g	11%
Saturated Fat	3.4g	17%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	183.9mg	8%
Total Carbohydrate	21.6g	7%
Dietary Fiber	2g	0%
Sugars	1.2g	
Protein	1.9g	
Vitamin A 11%	Vitamin C 13%	
Calcium 1%	Iron 2%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Potato-Chef, Peeled, Diced 1/2" (CONV)

Onions-Yellow, Fresh

Margarine, 1# Prints

Salt

Pepper-White, Ground

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0000033812

Turkey Sausage Patties

Nutritional Data		
Serving Size 2 Patties		(64) g
Amount Per Serving		
Calories 91	Calories From Fat 44	
% Daily Value *		
Total Fat	4.9g	8%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	48mg	16%
Sodium	235.2mg	10%
Total Carbohydrate	0.5g	0%
Dietary Fiber	0g	0%
Sugars	0.6g	
Protein	10.6g	
Vitamin A 2%	Vitamin C 0%	
Calcium 1%	Iron 5%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Sausage Patty, Turkey, Raw, 1.6 oz

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0000037063

Smokehouse Chili

Chili with Ground Beef, Tomato, Chili Seasoning, Cumin, Cayenne and Chipotle Pepper

Nutritional Data		
Serving Size 6 oz		(176) g
Ladle		
Amount Per Serving		
Calories	216	Calories From Fat 134
% Daily Value *		
Total Fat	14.9g	23%
Saturated Fat	5.2g	26%
Trans Fat	0.8g	
Cholesterol	46.7mg	16%
Sodium	517.4mg	22%
Total Carbohydrate	7.3g	2%
Dietary Fiber	2.4g	0%
Sugars	4g	
Protein	13.3g	
Vitamin A	23%	Vitamin C 10%
Calcium	4%	Iron 13%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Ground Beef, 80/20, Raw
 Water
 Tomato Paste, Canned
 Tomatoes-Diced, Canned
 Onions-Yellow, Fresh
 Bases-Beef, No MSG
 Canola Olive Oil Blend, 80:20
 Chili Powder
 Cumin, Ground
 Garlic, Granulated
 Chili Powder-Chipotle
 Salt
 Pepper-Black, Ground
 Pepper-Cayenne

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0000056469

PB & J Sandwich
Creamy Peanut Butter & Grape Jelly on Thick Cut Bread


Nutritional Data		
Serving Size 1 Sandwich		(146) g
Amount Per Serving		
Calories 501	Calories From Fat 194	
	% Daily Value *	
Total Fat	21.6g	33%
Saturated Fat	2.8g	14%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	550.3mg	23%
Total Carbohydrate	66.4g	22%
Dietary Fiber	3.7g	0%
Sugars	29g	
Protein	15g	
Vitamin A 0%	Vitamin C 0%	
Calcium 18%	Iron 16%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Texas Toast, White, .75" Slice
 Peanut Butter, Creamy
 Jelly-Grape

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0000056457

Fresh Fruit Cup
Fresh Cut Seasonal Fruit

Nutritional Data		
Serving Size 10 oz		(283) g
Amount Per Serving		
Calories 108	Calories From Fat 4	
% Daily Value *		
Total Fat	0.5g	1%
Saturated Fat	0.1g	1%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	25.5mg	1%
Total Carbohydrate	27g	9%
Dietary Fiber	3.6g	0%
Sugars	21.8g	
Protein	1.8g	
Vitamin A 83%	Vitamin C 191%	
Calcium 3%	Iron 4%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Cantaloupe, 20ct
 Honeydew Melon, Fresh
 Pineapple, Fresh
 Strawberries, Fresh

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0000056458

Fresh Vegetable Cup
Fresh Carrot and Celery Sticks

Nutritional Data		
Serving Size 1 Cup		(170) g
Amount Per Serving		
Calories 48	Calories From Fat 3	
% Daily Value *		
Total Fat	0.3g	0%
Saturated Fat	0.1g	1%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	126.7mg	5%
Total Carbohydrate	10.7g	4%
Dietary Fiber	3.7g	0%
Sugars	5.6g	
Protein	1.4g	
Vitamin A 486%	Vitamin C 13%	
Calcium 6%	Iron 2%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Carrot Sticks, Fresh (CONV)
 Celery Sticks, Fresh (CONV)

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0000013034

Texas-Style Grilled Cheese Sandwich

The Classic Grilled Cheese Texas Style...Goey Melted American Cheese Between Crunchy Golden Brown Slices of Texas Toast

Nutritional Data		
Serving Size 1 Sandwich		(118) g
Amount Per Serving		
Calories	391	Calories From Fat 202
% Daily Value *		
Total Fat	22.5g	35%
Saturated Fat	12.3g	62%
Trans Fat	0g	
Cholesterol	38.8mg	13%
Sodium	1200.1mg	50%
Total Carbohydrate	32.7g	11%
Dietary Fiber	1g	0%
Sugars	3.1g	
Protein	13.6g	
Vitamin A	34%	Vitamin C 0%
Calcium	29%	Iron 11%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Texas Toast, White, .75" Slice
 American Cheese, Yellow, 160ct
 Margarine, 1# Prints

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0000004037

French Fries
Shoestring French Fries

Nutritional Data		
Serving Size 4 oz		(113) g
Amount Per Serving		
Calories	277	Calories From Fat 158
% Daily Value *		
Total Fat	17.5g	27%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	37.4mg	2%
Total Carbohydrate	27.7g	9%
Dietary Fiber	2.7g	0%
Sugars	0.1g	
Protein	2.8g	
Vitamin A	0%	Vitamin C 6%
Calcium	1%	Iron 3%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Potato-French Fry, X-Long Shoestring 1/4"
 Deep Fat Frying Oil

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0000061562

Classic Cheeseburger

Char grilled beef patty with American cheese on plain bun with lettuce, tomato, and pickle

Nutritional Data		
Serving Size 1 Sandwich		(184) g
Amount Per Serving		
Calories	382	Calories From Fat 186
% Daily Value *		
Total Fat	20.7g	32%
Saturated Fat	8.5g	43%
Trans Fat	0g	
Cholesterol	59.7mg	20%
Sodium	651.4mg	27%
Total Carbohydrate	28.4g	9%
Dietary Fiber	1.4g	0%
Sugars	4.6g	
Protein	20.5g	
Vitamin A	51%	Vitamin C 7%
Calcium	14%	Iron 17%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Hamburger Patty, 4:1
 Hamburger Bun, Plain, 4" (HARM)
 Tomatoes-Fresh, 6x6
 Lettuce-Leaf, Green
 American Cheese, Yellow, 160ct
 Pickles-Dill, Chips

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0000047152

Quesadilla Burger

Grilled Southwestern Burger in Crispy Tortillas, Smothered with Cheddar and Pepper Jack, Bacon, and Chili Lime Mayo

Nutritional Data		
Serving Size 1 Sandwich (244) g		
Amount Per Serving		
Calories	608	Calories From Fat 345
% Daily Value *		
Total Fat	38.3g	59%
Saturated Fat	16.9g	85%
Trans Fat	0g	
Cholesterol	85.5mg	28%
Sodium	1113.8mg	46%
Total Carbohydrate	36.9g	12%
Dietary Fiber	2.1g	0%
Sugars	3.8g	
Protein	27.7g	
Vitamin A	27%	Vitamin C 15%
Calcium	36%	Iron 21%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Hamburger Patty, Seasoned, 6:1
 Tortilla-Flour (6")
 Tomatoes-Fresh, 6x6
 SPREAD-MAYONNAISE, CHILI LIME
 [SPREAD-MAYONNAISE, GARLIC
 DIJON ROASTED]
 [Mayonnaise, Low Calorie, No
 Cholesterol]
 Mustard-Dijon
 GARLIC-ROASTED CLOVES
 Peppers-Chipotle, in
 Adobo, Canned
 Honey, Bulk
 Lime Juice, Fresh, Pasteurized (CONV)
 Cilantro, Fresh
 Pepper Jack Cheese
 Cheddar Cheese, Mild, Shredded (CONV)
 Lettuce-Iceberg, Shredded (CONV)
 BACON-CRISP (22/26 CT)
 [Bacon-22-26 Slices/#, Raw]
 Onions-Red, Fresh
 RUB-SOUTHWESTERN DRY
 [Brown Sugar, Light
 Salt, Kosher]
 Garlic Powder
 Chili Powder-Chipotle
 Chili Powder-Ancho
 Pepper-Cayenne
 Paprika
 Onion Powder
 Cumin, Ground
 Peppers-Jalapeno, Fresh

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0000053985

Bacon Bleu Cheese Burger
Grilled Burger Topped with Smoky Bacon and Melted Bleu Cheese

Nutritional Data		
Serving Size	1 Plate	(367) g
Amount Per Serving		
Calories	748	Calories From Fat 410
% Daily Value *		
Total Fat	45.5g	70%
Saturated Fat	13.5g	68%
Trans Fat	0g	
Cholesterol	84.3mg	28%
Sodium	1292.6mg	54%
Total Carbohydrate	55.9g	19%
Dietary Fiber	4.7g	0%
Sugars	5.4g	
Protein	28.6g	
Vitamin A 42%	Vitamin C 19%	
Calcium 16%	Iron 21%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 POTATOES-FRENCH FRIES, SHOESTRING CSG
 [Potato-French Fry, X-Long Shoestring]1/4"
 Deep Fat Frying Oil
 Hamburger Patty, Precooked Beef Steak,3z
 Pickles-Dill, Spears
 Hamburger Bun-Sesame Seed (4")
 Tomatoes-Fresh, 6x6
 Lettuce-Leaf, Green
 Blue Cheese Crumbles
 BACON-CRISP (22/26 CT)
 [Bacon-22-26 Slices/#, Raw]
 Onions-Red, Fresh
 SEASONING-BURGER (CAMPUS)
 [Salt
 Onion Powder]
 Pepper-Black, Ground]

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Although we strive to make the information as accurate as possible, nutrition analysis is not an exact science. Various factors including diet of animal, and food processing methods influence the amounts of nutrients in food. However, we hope this information will be useful to you, and assist you in your desire to achieve good health through healthful eating.

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0000058483

Big & Bold A1 Angus Burger

A Monster Burger on Texas Toast Slathered with Our Special A1 Mayo, Caramelized Red Onions, Bacon, & American Cheese

Nutritional Data		
Serving Size 1 Sandwich	(259) g	
Amount Per Serving		
Calories 557	Calories From Fat 323	
% Daily Value *		
Total Fat	35.9g	55%
Saturated Fat	14.1g	71%
Trans Fat	0g	
Cholesterol	99.4mg	33%
Sodium	1077.7mg	45%
Total Carbohydrate	29.5g	10%
Dietary Fiber	1.8g	0%
Sugars	6.3g	
Protein	27.3g	
Vitamin A 44%	Vitamin C 13%	
Calcium 14%	Iron 21%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Hamburger Patty, Precooked Angus, 4 oz

Hamburger Bun, Plain

Tomatoes-Fresh, 6x6

ONIONS-RED, CAMELIZED

[Onions-Red, Fresh]

Balsamic Vinegar

Olive Oil

Garlic, Fresh

Salt

Pepper-Black, Ground

Lettuce-Leaf, Green

SPREAD-MAYONNAISE, A1 PEPPERCORN

[Mayonnaise, Low Calorie, No Cholesterol

Sauce-Steak, A-1

Pepper-Black, Cracked]

American Cheese, Yellow, 160ct

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0000044498

Mushroom Lovers Burger

Portobello and Button Mushroom Ragout over a Juicy Grilled Burger with Provolone, Lettuce and Roasted Garlic Mayonnaise

Nutritional Data		
Serving Size 1 Sandwich	(288) g	
Amount Per Serving		
Calories 524	Calories From Fat 272	
% Daily Value *		
Total Fat	30.2g	46%
Saturated Fat	11.5g	57%
Trans Fat	0g	
Cholesterol	58.2mg	19%
Sodium	1228.7mg	51%
Total Carbohydrate	38.9g	13%
Dietary Fiber	4.3g	0%
Sugars	3.8g	
Protein	23.5g	
Vitamin A 44%	Vitamin C 12%	
Calcium 20%	Iron 23%	
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.		

INGREDIENTS:
 [Does not list ingredients for convenience (CONV) products]
 Hamburger Patty, Seasoned, 6:1
 Pickles-Dill, Spears
 Roll-Kaiser (4")
SAUCE-PORTOBELLO MUSHROOM RAGOUT
 [Mushrooms-Portobello, Fresh]
 Water
 Mushrooms-Fresh
 Tomatoes-Plum, Fresh
 Wine-Sauterne, Cooking
 Margarine, 1# Prints
 Demi-Glace Mix
 Shallots, Fresh
 Garlic, Fresh
 Parsley-Italian, Fresh
 Pepper-Black, Ground
 Tomatoes-Fresh, 6x6
 Lettuce-Leaf, Green
SPREAD-MAYONNAISE, GARLIC DIJON ROASTED
 [Mayonnaise, Low Calorie, No Cholesterol
 Mustard-Dijon]
GARLIC-ROASTED CLOVES
 [Garlic, Fresh
 Canola Olive Oil Blend, 80:20]
 Provolone Cheese
SEASONING-BURGER (CAMPUS)
 [Salt
 Onion Powder
 Pepper-Black, Ground]

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0000055400

Pepperjack Stack Burger

Grilled Double Burger Topped with Pepper Jack Cheese, Lettuce, Salsa & Avocado, Served on a Kaiser Roll

Nutritional Data		
Serving Size 1 Plate		(448) g
Amount Per Serving		
Calories	1028	Calories From Fat 590
		% Daily Value *
Total Fat	65.6g	101%
Saturated Fat	21.1g	106%
Trans Fat	0g	
Cholesterol	143mg	48%
Sodium	1476.1mg	62%
Total Carbohydrate	64.5g	22%
Dietary Fiber	6.5g	0%
Sugars	2.4g	
Protein	44.6g	
Vitamin A	21%	Vitamin C 14%
Calcium	21%	Iron 31%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

INGREDIENTS:

[Does not list ingredients for convenience (CONV) products]

Hamburger Patty, Precooked Beef Steak,3z
 POTATOES-FRENCH FRIES, SHOESTRING CSG
 [Potato-French Fry, X-Long Shoestring1/4"]
 Deep Fat Frying Oil
 Pickles-Dill, Spears
 Roll-Kaiser (4")
 Avocado, Fresh
 Pepper Jack Cheese
 Lettuce-Iceberg, Trimmed
 SALSA-CRUDA
 [Tomatoes-Fresh, 6x6
 Onions-Red, Fresh
 Lime Juice, Fresh, Pasteurized (CONV)
 Cilantro, Fresh
 Peppers-Jalapeno, Fresh]
 Pepper-Black, Ground
 Margarine, 1# Prints
 SEASONING-BURGER (CAMPUS)
 [Salt
 Onion Powder]
 Pepper-Black, Ground

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